



SCC is Celebrating Summer and America 250

As we gather to celebrate Independence Day this July, we also look ahead to a historic milestone: the 250th anniversary of the United States in 2026. Across the nation, communities are beginning to recognize this once-in-a-generation celebration of our country's history, achievements, and shared future.

At the SCC, we are proud to honor the spirit of America through healthy living, community engagement, and active lifestyles that bring people together. The Salem Community Center is the perfect spot to meet up with friends while you get your workout in or join a class and meet some new friends!

Please note, as we celebrate Independence Day, the Salem Community Center will be closed on July 4.

We wish everyone a safe and enjoyable holiday filled with family, friends, and celebrations.

July Membership Specials – Bring the Heat, Not the Price!

We are turning up the value all month long with these hot summer deals:

- **Freeze & Flex:** Going on vacation or spending time outside with family and friends? Remember, you can freeze your ANNUAL membership for up to 2 months!
- **Soccer Field Use:** Keep your eye peeled for multiple days in July where the Center Circle Soccer Field will be available for member use!
- **Volleyball Net:** A volleyball net will be set up in Auxiliary gym for practicing your skills! (Subject to schedule)
- **Day Pass Swipe Card:** Purchase a Day Pass swipe card for \$25 during the month of July
- **Corporate Members:** Bring a friend FREE the month of July!
- **Insurance Members Gas Card Drawing:** Swipe your membership card 11 times or more during the month of July and be entered into a drawing to win a gas card!

July America 250 Challenge

In honor of America's 250th anniversary celebration, we are challenging all members to pick an activity during the month of July where you can achieve “250” minutes, laps, lifts or a combination of multiple things that provide 250 minutes of exercise. You set the goal and honor all those who committed to the United States over the past 250 years! We will have a goal board in the lobby, write it down, post it and then achieve it!

This Month's Challenge - Move 250

Choose your personal goal:

- Walk 250 minutes
- Swim 250 laps
- Cycle 250 miles

- Complete 250 repetitions of an exercise or combination of a couple exercises such as, push-ups, Squats, bench press
- Play 250 minutes of pickleball/week
- Move 250 minutes a week!

Track your progress and celebrate your achievement with fellow members! Together let's celebrate the enduring American values of perseverance and determination.

Fitness in July!

Boot Camp

Join our Pop-Up Boot Camp Classes on **July 2 and July 9 at 9:00 am** in the Auxiliary Gym. These energizing workouts are designed for all fitness levels and will feature a mix of strength, cardio, and functional training exercises. Don't forget your water!

Fit Kids 6-Pack Challenge

Help your kids build healthy habits and strong bodies this summer with our Fit Kids 6-Pack Challenge! Classes will be held **Tuesdays and Thursdays, 9 am-12 noon, from July 7–23**. Participants will enjoy age-appropriate fitness activities focused on core strength, coordination, and overall wellness in a fun and encouraging environment.

SCC's Summer Water Aerobics at Firestone Pool - July 28 – August 5 (6-week program)

- Tuesdays and Thursdays 5 pm and 6 pm
- Saturdays 8 am and 9 am

Fundraiser for The Borgen Project: Introduction to Capoeira

Experience the excitement of **Capoeira**, a unique Brazilian art form that blends martial arts, dance, music, and culture. Join one of SCC's staff, Jussara, for this special introductory class benefiting **The Borgen Project**.

Class Times:

- **July 6 at 8:00 am**
- **July 7 at 5:00 pm**

Whether you are new to Capoeira or simply looking to try something different, this engaging class offers a great workout while supporting a meaningful cause. All skill levels are welcome

Get ready for school volleyball this July!

The AUX Gym volleyball net will be up and available for members to get extra touches and prepare for the upcoming season. Looking for more individualized training? Private lessons are also available, call the SCC to schedule your session.

Summer volleyball camps for students entering 4th–8th grade:

- **4th–6th Grade Camp:** July 27–29
- **6th–8th Grade Camp:** July 27–30

Specialized skills clinics:

- **Setting Clinic:** July 8
- **Passing & Defense Clinic:** July 15

Whether you are new to the game or getting ready for school tryouts, these opportunities are a great way to build skills, gain confidence, and get ready for the season. Visit our website for complete camp, clinic, and

registration details.

NEW SCC Website Design – July 1

We are excited to announce the launch of our newly redesigned website with a goal to create a faster, more user-friendly experience that makes it easier than ever to find the information and services you need. With a fresh modern look, improved navigation, and enhanced functionality across desktop and mobile devices, our new website is designed with all users in mind.

What is New?

- A clean, modern design
- Simplified navigation for easier browsing
- Improved mobile responsiveness
- Faster page loading and enhanced performance

We invite you to explore the new site and discover all the improvements we have made.

Save the Date for Women's Night Out Designer Purse Bingo!

We are proud to announce that the 16th Annual Women's Night Out event will be held **on Wednesday, October 7, 2026** at the Salem Community Center. Since the event's inception, we continue to raise more funds each year to help with children's fitness and sports costs, and this year we hope to keep that pace going! Our expectation is a sellout crowd of 400 attendees.

We have many levels of sponsorship to help with the success of the October evening. If you are interested in sponsoring this amazing event, please see the SCC front desk staff for more details.

Tickets go on sale August 1, 2026!

Celebrating Community

One of the greatest strengths of our nation over the past 250 years has been the power of local communities. On June 10, 2026, the Salem Community Foundation celebrated their 60th anniversary at the Salem Community Center, a benefactor of the Foundations generosity and investment. This event recognized the lasting impact of the Foundation and the people whose time, passion and commitment have made many opportunities possible within our community.

During the event, a renaming of the CenterPlex facility to the John E. Tonti CenterPlex was presented to Mr. Tonti for his steadfast support of the center's mission. As President of the Salem Community Foundation for the last 34 years, Tonti's leadership and dedication have made a meaningful impact within this community and beyond, and his contributions continue to inspire progress and growth.

Thank you to Mr. John Tonti and the Salem Community Foundation for contributing their time, energy, and enthusiasm.



Stay Connected

Make sure to follow us on social media and visit our website, salemcommunitycenter.com, for more exciting updates! Questions? Call us at (330) 332-5885.