

October Programming Schedule

Schedule subject to addition/revision/deletion. Please call the Aquatics Department with any specific questions.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				10-11a Water Aerobics 11-11:45a Aqua Zumba 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 4-7p Piranhas	9:30a-12:05p Swim Lessons
10-11a Shallow Water Workout	10-11a Water Aerobics 11-11:45a Senior Splash 5:15-9p Piranhas	10-11a Water Aerobics 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash CLOSE AT 3 PM	10-11a Water Aerobics 11-11:45a Aqua Zumba 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 4-7p Piranhas	9:30a-12:05p Swim Lessons
10-11a Shallow Water Workout CLOSE AT 1:30 PM	10-11a Water Aerobics 11-11:45a Senior Splash 5:15-9p Piranhas	10-11a Water Aerobics 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash	10-11a Water Aerobics 11-11:45a Aqua Zumba 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 4-7p Piranhas	9:30a-12:05p Swim Lessons
10-11a Shallow Water Workout	10-11a Water Aerobics 11-11:45a Senior Splash 5:15-9p Piranhas	10-11a Water Aerobics 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash	10-11a Water Aerobics 11-11:45a Aqua Zumba 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 4-7p Piranhas	6:30-8:15a Piranhas 9:30a-12:05p Swim Lessons
10-11a Shallow Water Workout	10-11a Water Aerobics 11-11:45a Senior Splash 3:30-5:15p HS Swim Teams 5:15-9p Piranhas	10-11a Water Aerobics 11a-12p Homeschool PE 3:30-5:15p HS Swim Teams 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 3:30-5:15p HS Swim Teams	10-11a Water Aerobics 11-11:45a Aqua Zumba 3:30-5:15p HS Swim Teams 5:15-9p Piranhas	10-11a Water Aerobics 11-11:45a Senior Splash 4-7p Piranhas	6:30-8:15a HS Swim Teams 9:30a-12:05p Swim Lessons

- The SCC will close at 3 PM on October 7th for Women's Night Out
- The pool will close at 1:30 PM on October 11th for a swim meet.
- Water Aerobics takes place in lanes 3 through 6 in both the shallow and deep ends. A portion of the shallow end will be roped off for non-participants. Two lap lanes remain available.
- Senior Splash takes place in lanes 3 through 6 of the shallow end. Two lap lanes remain available.
- PIRANHAS - Lane usage varies, please see reverse for lap lane availability.
- PRIVATE LESSONS - Private lessons will take place in the pool at random times. We cannot accurately predict what area of the pool a client will need. Private lessons are non-exclusive, instructors will do their best to share the space.
- TRAINING POOL - Aside from Saturday Swim Lessons, the Training Pool is always available for Open Swim. Phoenix Physical Therapy will use the Training Pool on Tuesdays and Thursdays, 8-11 AM non-exclusively.
- Swim Lesson usage: Training Pool CLOSED 9:30-10:55 | Main Pool shallow CLOSED 9:30-10:15 and 11:20-12:05 | Main Pool deep CLOSED 10:25-12:05 | 1 lane CLOSED 11:20-12
- Lifeguards will accommodate patrons to the best of their ability. We appreciate your patience.

October Lap Lane and Open Swim Availability

Private lessons will take place in the pool at random times. We cannot accurately predict what area of the pool a client will need. Private lessons are non-exclusive, instructors will do their best to share the space.

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th
6:00 AM																
7:00 AM																
8:00 AM			8:00 AM	8:00 AM						8:00 AM						
9:00 AM																
10:00 AM	10:00 AM	10:00 AM	9:30 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	9:30 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
11:00 AM			11:00 AM	11:00 AM		11:00 AM				11:00 AM	11:00 AM		11:00 AM			
	11:30 AM	11:30 AM			11:30 AM		11:30 AM	11:30 AM	11:30 AM			11:30 AM		11:30 AM	11:30 AM	11:30 AM
12:00 PM			12:00 PM							12:00 PM						
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6:00 PM	6:00 PM	6:00 PM			6:00 PM	6:00 PM		6:00 PM	6:00 PM			6:00 PM	6:00 PM		6:00 PM	6:00 PM
7:00 PM	7:00 PM				7:00 PM	7:00 PM		7:00 PM				7:00 PM	7:00 PM		7:00 PM	
8:00 PM	8:00 PM				8:00 PM	8:00 PM		8:00 PM				8:00 PM	8:00 PM	8:00 PM	8:00 PM	
9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM		9:00 PM	9:00 PM	9:00 PM		9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM
	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM	17th	18th	19th	20th	21st	22nd	23rd	24th	25th	26th	27th	28th	29th	30th	31st	
7:00 AM																
8:00 AM	8:00 AM	8:00 AM						8:00 AM	8:00 AM						8:00 AM	
9:00 AM																
10:00 AM	9:30 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	9:30 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	
11:00 AM	11:00 AM	11:00 AM		11:00 AM		11:30 AM	11:30 AM	11:00 AM	11:00 AM	11:30 AM		11:30 AM	11:30 AM	11:30 AM		
12:00 PM	12:00 PM		11:30 AM		11:30 AM	11:30 AM	11:30 AM	12:00 PM				11:30 AM	11:30 AM	11:30 AM	12:00 PM	
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8:00 PM			8:00 PM	8:00 PM	8:00 PM	8:00 PM				8:00 PM	8:00 PM	8:00 PM	8:00 PM			
9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	9:00 PM	

Lap Lane Availability:



Pool Closed



1 Lane



2 Lanes



3 Lanes



No Lap Swim Available

Open Swim Availability:



Open Swim available



Open Swim restricted - please ask a Lifeguard or give us a call



No Open Swim available

Aside from Saturday Swim Lessons, the Training Pool is always available for Open Swim