

Level Descriptions

Level 1: For the beginner who is comfortable in the water.

Swimmers learn basics of swimming: bobbing, going under water, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms and jumping in.

Level 2: Swimmers should already be able to float on front and back and put head under water. Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front and back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.

Level 3: Swimmers should already be comfortable swimming front stroke and swimming on their back. Swimmers will work on: gliding, freestyle with side breathing, backstroke, breast stroke and dolphin kicks, retrieving objects in deeper water, treading water, jumping into deep water and compact dives.

Level 4: Swimmers should already be able to: swim front and back crawl 25 yards. Swimmers will work on: rotary breathing, freestyle, backstroke, elementary backstroke, scissors kick and sidestroke, whip kick and breaststroke, intro to turning at wall, treading water with modified scissors, and diving in kneeling position.

Level 5: Swimmers should already be able to: swim freestyle, breaststroke and backstroke 25 yards, scissors kick, whip kick, treading water, and dive. Swimmers will work on: alternate breathing, stride jump, refinement of: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, dolphin kick and butterfly, open turn on front and back, feet-first surface dive, and treading water.

Level 6: Swimmers should already be able to: swim front and back crawl 50 yards, elementary backstroke 25 yards, breaststroke 25 yards, butterfly 25 yards, sidestroke 10 yards, tread water for 3 minutes, and dive. Swimmers will work on: All six strokes, front and back crawl flip turn, breaststroke turn, breaststroke speed turn and pullout, butterfly turn, sidestroke turn, pike and tuck surface dive, pike and tuck dive from board, tread water for five minutes, and basic water rescue.



The Learn-to-Swim program at the Salem Community Center has been a staple of the Aquatics Department for much of the facility's history. The instructors take great pride in the development of your child's skills. If you feel uncomfortable with a group setting for your child, we also offer private and semi-private lessons. Please call the SCC for more information.



Scan to register online!

Please give us a call if you have questions concerning the placement of your child!

Salem Community Center
1098 N. Ellsworth Avenue
Salem, OH 44460
(330) 332-5885
www.salemcommunitycenter.com

Salem Community Center

Learn-To-Swim



2026

Schedule, Pricing and Placement Information



Pricing and Session Dates

Winter, Spring and Fall:

Members: \$77

Non-Members: \$99

June and July:

Members: \$50

Non-Members: \$60

Winter Session

Saturdays, January 3 - February 14

Signups begin on Sunday, Nov. 2, 2025

Spring Session

Saturdays, April 4 - May 16

Signups begin on Sunday, Feb 15, 2026

June Session

Saturdays, June 6 - 27

*Signups begin on Sunday, May 17, 2026***

Abbreviated 4-week session

July Session

Saturdays, July 11 - August 1

Signups begin on Sunday, May 17, 2026

Abbreviated 4-week session

Fall Session

Saturdays, September 19 - October 31

Signups begin on Sunday, August 2, 2026

**** Must sign up for the same level if registering for both summer sessions**

Parent and Child Aquatics (Level A/B)

Developed for children 6 months to 3 years of age, American Red Cross Parent and Child Aquatics builds swimming readiness by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help children learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Once children can perform basic skills without parental assistance, they may begin Learn-to-Swim courses.

Class times:

ALL Sessions:

Level A/B

9:30 - 10:00 am



To accommodate demand, all dates and times may be subject to change.

Learn-To-Swim Levels (Levels 1- 6)

Class times:

ALL Sessions:

Level 1

10:25 - 11:10 am

12:15 - 1:00 pm*

Level 2

9:30 - 10:15 am

11:20 am - 12:05 pm*

Level 3

10:25 - 11:10 am

12:15 - 1:00 pm*

Level 4

11:20 am - 12:05 pm

Level 5/6

11:20 am - 12:05 pm

*Overflow only if needed



Please contact the Director of Aquatics if you have questions about the appropriate Level for your child.